Grocery spending trip tracker

Compare planned grocery spending with the actual receipt.

Three steps

1. Choose a realistic limit
2. Record receipt total
3. Review the difference without blame

A worked example

Trip	Friday
Planned	65
Actual	72
Difference	7
Reason	Extra staples

The trip exceeded plan by seven.

Prices fluctuate.

Grocery spending trip tracker

Use one row per item or decision. Start with what you know.

Trip	Planned	Actual	Difference	Reason

My next action / when