Grocery store price book

Compare commonly bought items over time using consistent units.

Three steps

1. Choose frequent purchases
2. Record same units
3. Update when prices change

A worked example

Item	Oats
Store	Store A
Unit	1 kg
Unit price	2.80
Date	Nov 28

Comparable unit prices are easier to assess.

Check current shelf prices.

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Use one row per item or decision. Start with what you know.

Item	Store	Unit	Unit price	Date

My next action / when