Household minimum stock planner

Avoid running out of essentials or buying duplicates.

Three steps

1. Track normal use
2. Choose a shopping interval
3. Set a realistic minimum

A worked example

Supply	Soap
Weekly use	1
Weeks between shops	3
Minimum stock	3

Three units cover three weeks at typical use.

Allow for changing household needs.

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Use one row per item or decision. Start with what you know.

Supply	Weekly use	Weeks between shops	Minimum stock

My next action / when